



## A Land of Frost and Fog

A Visual Art Activity Pack for Children  
as part of Winter Light

The seasons of spring and summer are praised for the ways they transform our surroundings, but winter is often overlooked. Winter too creates extraordinary and beautiful effects on our landscapes that we also can appreciate: the dreamy quality of a misty day, the sparkle of frost and the bare limbs of trees that allow us to see our environment in wonderfully different ways.





## Activity 1

### **Brrrrr! A Touch of Frost**

Have you ever woken up in the morning and outside everything is covered with a film of white, but it's not snow? Jack Frost has come and worked all night spreading a delicate frost. If you are lucky, he may have even frosted your window over with beautiful designs.

When the temperature on surfaces - such as cars, windows, blades of grass and trees - drops below freezing, it causes water vapor on them to freeze. This happens most often on clear, cold nights, when there are no clouds to hold warmth in. This creates beautiful frosted designs on surfaces.

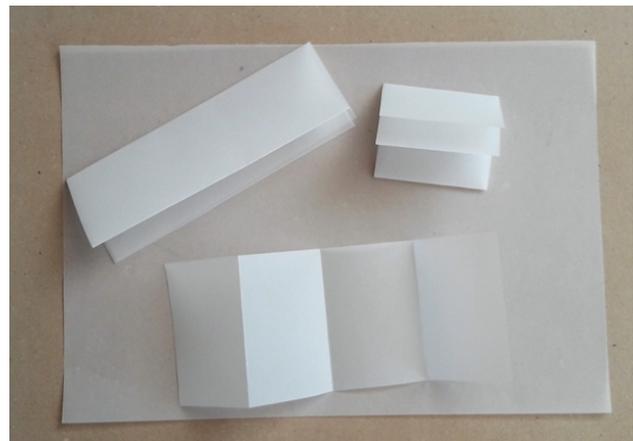




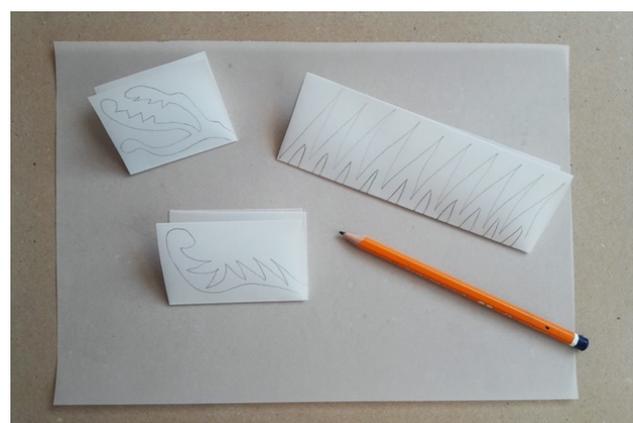
**Create:** Create frost designs for your window with tracing paper cut outs. See some suggestions below.

**Materials required:** sheets of tracing paper, scissors and glue.

- Cut strips of tracing paper and fold twice

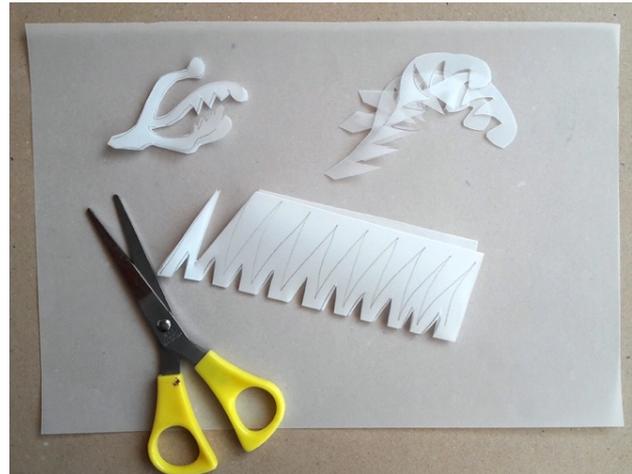


- Draw a frost design of your invention





- Cut out the designs



- Arrange them on a new sheet and glue!





## Activity 2

### A Foggy Day

Have you ever woken up to a foggy morning? It's not yet full daylight and everything seems and sounds quiet. It feels like you are still dreaming, not quite fully awake. All the things around you, houses, trees, people and animals are covered in mist. It's an enchanting landscape that can be a great inspiration to make a piece of art.

**Create:** Design a foggy landscape set in the countryside or the city.

**Materials required:** Three sheets of tracing paper and black ink, paint or marker.

- On one sheet draw the background landscape: a woodland, a cityscape, mountains, etc.
- On a second sheet draw more details: people walking, playing, cycling or some animals that would live in that landscape.
- Keep the third sheet blank.





- When the drawings are dry, put each sheet on top of each other in this sequence: background landscape first, blank sheet second and your detailed drawing third.
- Tape them together on a slightly larger white sheet.



- If you want the overall picture to look 'foggier' add another blank sheet of tracing paper in between.





## About our Winter Light Family Activity Packs

*Winter Light* is an exhibition of artworks commissioned by The Ark that seeks out the joy, hope and beauty that can be found all around us in wintertime.

Asked only to respond to the theme of 'winter', the artists were inspired by all sorts of signs of the season, from nature, animals and their habitats, to the light in the winter sky and the solstice. The result is a collection of stunning new artworks in a range of different media, from paintings and sculptures, to animation and interactive pieces, all designed to connect with children and introduce you to some of the unexpected joys of winter.

This worksheet has been designed to encourage children to look at and appreciate the winter season through art making, opening up many opportunities for self-expression. The worksheet can be used without having seen the exhibition, however we would encourage you to view our **Winter Light Online Gallery** of the artworks on The Ark's website [here](#) and then complete the activities.



Winter Light visual art activities created by Jole Bortoli.  
Image design by FExDep.

Winter Light is part of The Ark's 25<sup>th</sup> birthday season, sponsored by BDO.



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