



The Ark

Autism Friendly Theatre Performance

Synopsis Pack for 'Little Steps'

Welcome to The Ark

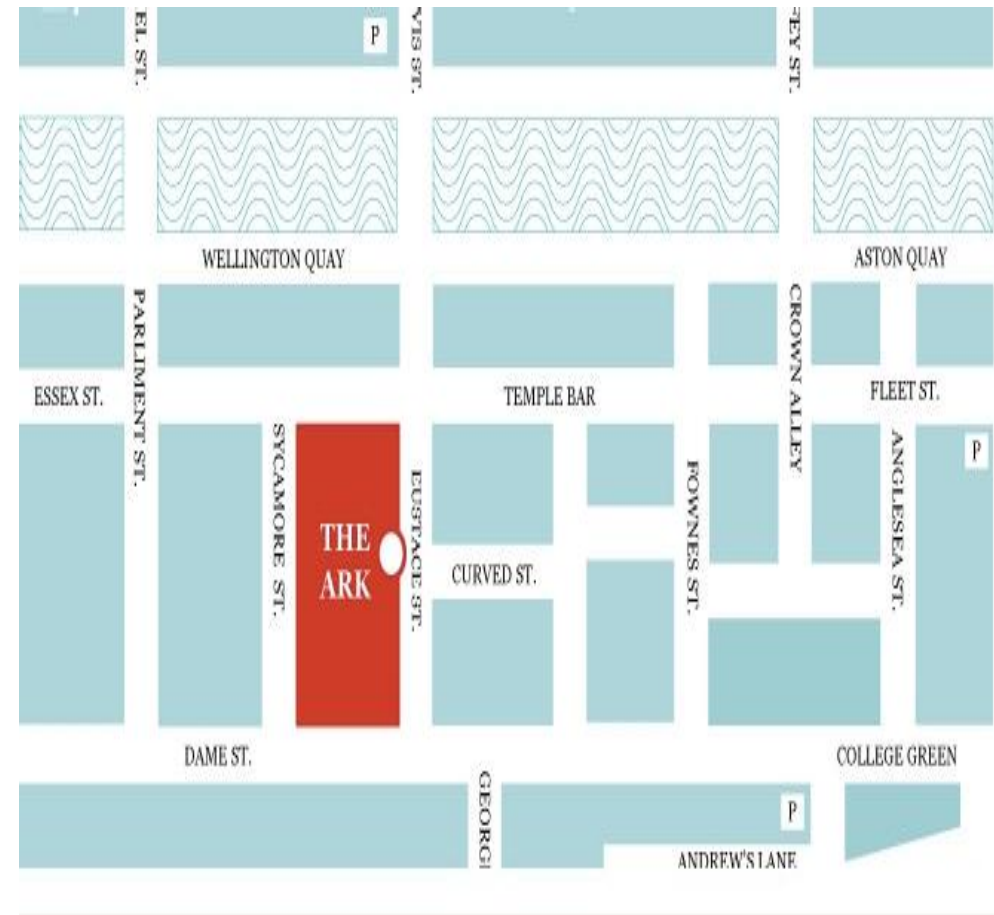
Your Visit

This pack will help you prepare for your visit to the Ark.

You will see and experience many new and interesting things. We have put together some pictures to help you understand where you are going and what you will see, as well as a brief synopsis of the play so you know what to expect during the performance.

We hope you have great time at The Ark.

Here is a map to help you find us.



A Play

- A play is a story told by a person called an actor.
- The actor tells the story by talking and moving. The story is not real and the actor is just pretending.
- A play takes place in a room called a theatre. People sit down when they watch a play.

'Little Steps'

- 'Little Steps' is the name of the play you are going to see.
- The stage for this play looks just like a large sandpit. You will see the actor stand and sit in the sandpit. This area is for the actor to perform.
- The actor will tell us stories about objects that she finds hidden in the sand.

Here are things you will see on the day

This building is called The Ark



We go here to see the play.

The Main Door



We go through this door to get inside.

The Reception



This is where we collect our tickets and wait for the show.

Other children will be waiting here also.

This is AI



AI works behind the desk. He gives us our tickets.

Toilets



1.



2.



3.

We can find the toilet by going through the red doors.

They are beside the reception area.

Here are pictures to help you find them.

Theatre Door



We go through this door when it is time for the play.

Door



We go through this curtain to see the play

Seats



We can sit on the bench or on the floor.

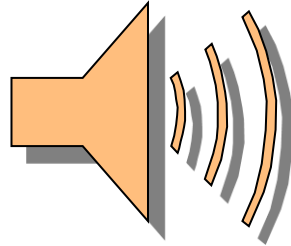
If you want a break at any time there is a relaxation space in the lobby.



There will also be relaxation toys available in the theatre. They look like this and you can take it home.



During the play you will hear quiet relaxing music.



The lights might dim at times but it will never get too dark.



Here are pictures of things we will see

The actor



Her name is Mette

The sandpit



The actor tells stories from the sandpit.

It is very big.

Mette in the sand



The actor looks for things in the sand.

The actor digs the sand with her hands



1.



2.



3.

She finds two puppets. She tells us a story about them.

Here are more things she finds in the sand

Puppets



They are very small

Puppet on a small bicycle



An Umbrella and a Digger



These are also very small

The actor opens up the sandpit



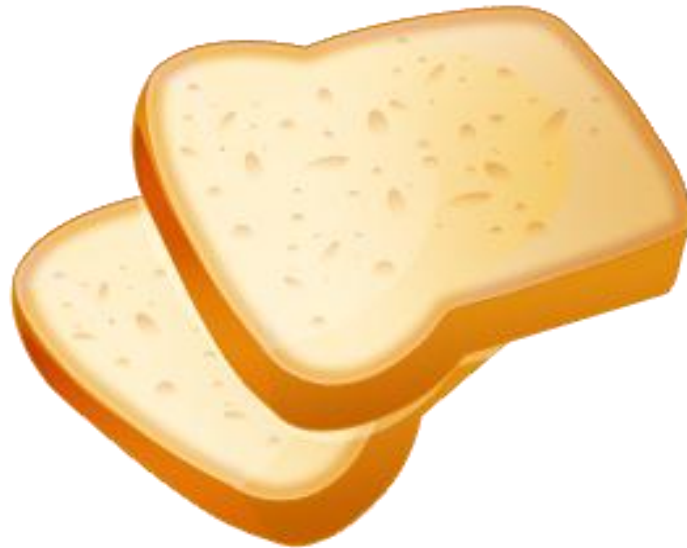
Water drops like rain



We won't get wet.

The water drops slowly into the blue circle around the sandpit.

Toast



One of the actor's friends will bring out a plate of hot toast.

We can eat the toast if we want to.

Clapping



People clap at the end of a play.

It tells the actor that they enjoyed the performance.

We hope you have a great time at Little Steps



Little puppet in tiny bed